

Head Coach, Ric Howard bmss.richoward@outlook.com

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BMSS 2nd Masters Open Meet

Date	Saturday 16th March	
Venue	Jason Kenny Centre, Moor Lane, Bolton, BL3 5BN	
Facilities	25 metre, 8 Lane, diving blocks with anti-wave lane ropes. Electronic timing with electronic display, electronic meet software.	
The Meet	Entries on a FCFS basis so get entries in ASAP. Age Groups as 31/12/2024	
Individuals	Full masters age groups as of 31st December 2024, including 18-24 (swimmers must be 18 years+ on day of swim) All events Heat Declared Winners.	
Awards	Top Visiting Club NW outside NW Top 3 male & female swimmers achieving the most points in each age group. A prize of 1 free relay swim in the 2025 event will be awarded to each winning team in the relay events.	
Entries	£6.50 for all races / £10.00 for relays Poolside Entries not allowed.	
Entries Open	09/01/2024	
Entries Close	10/03/24	
Entries to	bmss.compsec@outlook.com	

Swim Mark 🗦 Swim England



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Programe of events

Event No.	Session 1: 16th March — Warm up: 3:00pm / Start: 3:25pm			
101	Mixed	100m	Individual Medley	
102	Mixed	100m	Butterfly	
103	Ladies	50m	Backstroke	
104	Open	50m	Backstroke	
105	Mixed	200m	Breaststroke	
106	Mixed	100m	Freestyle	
107	Ladies	50m	Butterfly	
108	Open	50m	Butterfly	
109	Mixed	200m	Backstroke	
Mixed 1 Mixed 1 Mixed 2	Mixed 72 - 119yrs	4x50m	Medley Relay	
	Mixed 120 - 159yrs	4x50m	Medley Relay	
	Mixed 160 - 199yrs	4x50m	Medley Relay	
	Mixed 200 - 239yrs	4x50m	Medley Relay	
	Mixed 240yrs +	4x50m	Medley Relay	

No.	Session 2: 16th March -	Session 2: 16th March — Warm up: TBC / Start: TBC		
201	Mixed	100m	Breaststroke	
202	Ladies	50m	Freestyle	
203	Open	50m	Freestyle	
204	Open	200m	Butterfly	
205	Mixed	100m	Backstroke	
206	Ladies	50m	Breaststroke	
207	Open	50m	Breaststroke	
208	Mixed	200m	Freestyle	
209	Mixed 72 - 119yrs	4x50m	Freestyle Relay	
	Mixed 120 - 159yrs	4x50m	Freestyle Relay	
	Mixed 160 - 199yrs	4x50m	Freestyle Relay	
	Mixed 200 - 239yrs	4x50m	Freestyle Relay	
	Mixed 240yrs +	4x50m	Freestyle Relay	



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BMSS: Affiliated to Swim England

The meet will be held under Swim England Technical Rules (with a 1 start rule) Saturday 16th March, at Jason Kenny Centre, Moor Lane, Bolton, BL3 5BN. The pool is 8 lane anti-wave, 25m, electronic timing will be in use. The competition is open to amateurs only, as defined by ASA Law.

- 1. All entrants must be Club Compete (category 2) members of a Swim England
- 2. Age Groups are based on ages at 31/12/2024
- 3. Entries will be accepted on a 'first come first served' basis, based on day of receipt.
- 4. A competitor may compete in the name of one club only.
- 5. Entries shall be accepted from Classified disability swimmers are permitted to enter without the requirement of having achieved a consideration time.
- Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry. (THE PROMOTER BEING BMSS SWIMMING CLUB).
- 7. Entries to be submitted to bms.compsec@outlook.com Information pack will be available on the club website (www.boltonmetro.com)
- 8. All individual events are Heat Declared Winners. Swimmers will compete in one age group only "age on the day Saturday 16th March."
- 9. Events are seeded on submitted times. 100m and 200m will be swam on a mixed basis, but results will be split accordingly.
- 10. A prize will be made to the top 3 male & female swimmers achieving the most points in each age group. The sum of the points from each individual's best results in each of the four strokes plus the IM to decide the top swimmer, in the event of a tie the result from the Individual Medley will act as a "tie breaker".
- 11. The prizes this year will be: Swimmer achieving the highest number of points in each age group (Men & Women): 3 free swims in the 2025 BMSS 3rd Masters Open Meet 2nd:: 2 free swims and 3rd: 1 free swim.
- 12. The top visiting club award will go to the club with the highest total of points from the gala and points will be awarded for individuals and relay teams as follows:- 1st 6 points / 2nd 5 points / 3rd 4 points / 4th 3 points / 5th 2 points / 6th and any swimmer or team who legally finishes their event 1 point. A top 'non-North West' club award will also be presented.
- 13. All starts will be into deep water. "Over the Top" starts will be used for all events including Backstroke events.
- 14. Dependant on the number of entires received, the organiser resever the right to adjust for start times of the sessions, and restrict the number of competitors in events. 200m events will be restricted to a maximum number strictly on a first come first served basis.
- 15. Events may be swum with men & women seeded together, depending on the number of entries received, but there will be separate results produced for all combined events.
- 16. Heats for each event will cover all age groups and competitors. Events will be seeded slowest to fastest, based on entry time submitted. Each heat will be spearheaded. The Promoter reserves the right to modify the seeding arrangements should conditions demand.
- 17. Warm up protocol: Each warm up session will be divided into equal length sessions. There is to be strictly no diving during warm up, with the exception of designated sprint lanes. Odd lanes will swim clockwise and even lanes will swim anti-clockwise. Swimmers must leave the water by the side of the pool and not over the timing pads.
- 18. Please note there is no swim down facility at the pool. A separate warm up for both Mens and Womens will precede the start of each session
- 19. Results will be posted on the club website and will be supplied to British Swimming for entry into the Masters rankings database.
- 20. Relays Swimmers may swim in only one team in any relay event. 18-24 yrs olds may only swim in the 72+ age band. Relay events 110 & 209 combined ages will be: 72+ years / 120-159yrs / 160-199yrs / 200-239yrs / 240-279yrs / 280+ etc and will consist of four swimmers; 2 women & 2 men, swimming in any order.
- 21. A prize of 1 free relay swim in the 2024 event will be awarded to each winning team in the relay events.
- 22. ALL swimmers must abide by the Health and Safety rules that are on display at poolside. Any swimmer contravening these rules may be excluded from the remainder of the meet. No glass bottles on poolside. Shoes to be worn when leaving poolside
- 23. The promoter reserves the right to refuse admission to any competitor or spectator.
- 24. All entries must be paid for via BACS payment only, using the reference BMSSMasters/CLUB NAME
- 25. Anything not covered within these meet rules to be at the discretion of the meet organiser and/or the Promoters BMSS SWIMMING CLUB.
- 26. For any questions about the meet not covered in this document please email bmss.compsec@outlook.com
- 27. Entries for this meet will be held on a computer. As required by the Data Protection Act. consent to the hlding of personbal information on a computer will be deemed to have eben given by the submission of the entry. Personal data will be available for inspection during the meet if adavnce apilcation has been made to the promoter.